

WOOLIESCAFE™

EST. 2000

ALLERGEN + DIETARY CHOICE GUIDE

We care about our customers with food allergies and special diets. We've taken every precaution but cannot guarantee that our items are free from trace amounts of tree nuts, peanuts, fish, shellfish, wheat, gluten, sulphur dioxide, eggs, soya, cow's milk, goat's milk or any other allergens

All Day Breakfast		Suitable For				Contains These Allergens									
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Citrus chia yoghurt		X			X				X	X	X			X	
Brown Butter Spiced Apple Oats		X	X		X				X	X		X		X	
The Folded One (New)		X	X						X	X		X		X	
Eggs Your Way		X	X						X	X		X		X	
Tofu Scramble	X								X	X			X		
Croissant Madam (New)									X	X	X	X		X	
Proper Breakfast									X	X		X		X	
Vegan Breakfast	X								X	X	X		X		
Green Omelette		X	X						X	X		X			
Woolies Omelette									X	X		X		X	
Breakfast Bagel									X	X		X		X	
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SALADS & BOWLS	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Beetroot & Quinoa Salad	X														
Chicken & Avo Salad (New)					X							X		X	
Nacho Chicken Salad									X	X		X		X	
Butter Chicken Curry					X				X	X	X			X	
Moroccan Harissa Soup (New)		X			X				X	X	X			X	
Moroccan Harissa Soup – Vegan	X				X				X	X	X				
Asian Beef Noodle Bowl (New)					X				X	X	X	X	X		

SOURDOUGH TOASTIES	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Three Cheese & Onion (Halaal)		X							X	X	X			X	
Three Cheese & Onion		X	X						X	X	X	X		X	
Tuna Melt							X		X	X	X	X		X	
Spicy Chicken									X	X	X	X		X	
Club									X	X		X		X	
Pulled Beef Sandwich (New)									X	X	X	X		X	

OPEN SANDWICHES	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Salad Sandwich	X								X	X					
Chicken & Avo Sandwich									X	X	X	X		X	
Pulled Beef Sandwich (New)									X	X	X			X	

BURGERS	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Vegan Burger	X								X	X	X		X		
Chicken Burger									X	X		X		X	
Beef Burger									X	X	X	X	X	X	

BRUNCH	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Smashed Avo Toast		X							X	X				X	
Chicken Livers on Toast									X	X	X	X		X	
Mushroom Egg Rosti		X	X						X	X		X	X	X	
Spinach Quinoa & Halloumi Bowl		X	X						X	X	X	X		X	
Corn & Cheese Waffle		X	X						X	X	X	X		X	
Croissant French Toast (New)		X	X	X					X	X	X	X		X	

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SWEET THINGS	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Maple & Ice Cream Waffle		X	X						X	X		X	X	X	
Strawberries & Cream Waffle		X	X	X					X	X	X	X		X	
Macadamia Affogato		X			X									X	

OUR BAKERY & CAKE TABLE		SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product		Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow’s Milk	Goat’s Milk
Salted Caramel & Flaked Almond Cheesecake			X	X	X	X				X	X	X	X	X	X	
Berry Cheesecake			X	X						X	X	X	X	X	X	
Wheat-Free Almond Chocolate Cake			X	X		X							X	X	X	
Toasted Coconut & White Chocolate Cake			X	X		X				X	X		X	X	X	
Flourless Orange & Almond Cake			X	X		X							X	X	X	
Carrot Cake			X	X	X	X				X	X		X	X	X	
Ultimate Chocolate Cake			X	X						X	X		X	X	X	
Strawberry Burst Roulade			X	X						X	X	X	X		X	
White Forest Cake			X	X						X	X		X	X	X	
All Butter Croissant			X	X						X	X		X	X	X	
Scone			X	X						X	X		X	X	X	
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Cookies & Cream (New)		X	X						X	X	X	X	X	X	
Basque Cheesecake (New)		X	X						X	X	X	X	X	X	

PRESSED JUICES	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Orange	X														
Green Juice	X														
Apple Mint	X														
Golden Juice	X														
Mango and Ginger (New)	X														

ICED DRINKS	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Iced Matcha Latte		X											X	X	
Frosted Latte		X											X	X	
Honey Nut Cold Foam Latte (New)		X		X	X									X	
Vanilla & Cinnamon Cold Foam Latte (New)		X												X	
Matcha Duo Cold Foam (New)		X												X	
Matcha Coconut Cloud (New)		X												X	
Sparkling Cider (New)	X														

FROZEN LEMONADE	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Classic	X														
Mint	X														

HOT BEVERAGES		SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product		Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow’s Milk	Goat’s Milk
Organic Black / Rooibos Tea		X														
WW Earl Grey Tea		X														
WW Green Tea		X														
Red Cappuccino			X												X	
Chia Latte			X												X	
Matcha Latte			X												X	
Dark Hot Chocolate Powder			X											X	X	
White Hot Chocolate Powder			X											X	X	
Ginger Tea Pot					X											
Sticky Chai Tea Pot					X											
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MILKSHAKES	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Vanilla		X												X	
Coffee		X												X	
Macadamia Nougat (New)		X			X									X	
Biscoff		X							X	X				X	

SMOOOTHIES	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Thick Creamy Green		X												X	
Banana Nut		X			X	X								X	
Strawberry		X												X	
Spicy Mango Ice (New)	X														
Tropical Blue (New)	X														

KIDS FOOD MENU		SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product		Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow’s Milk	Goat’s Milk
Eggs & Toast				X						X	X		X			
Toasted Cheese			X							X	X				X	
Crispy Chicken Strips										X	X					
Toasted Chicken Mayo										X	X		X		X	
Kids Beef Burger										X	X	X			X	
Kids Flapjack			X	X	X					X	X	X	X		X	
Pizza Bagel (New)			X							X	X	X			X	
Little Snacks – Crudité Plate		X														
Little Snacks – Berry Bowl		X										X				
Little Snacks – Apple / Banana & Yoghurt			X												X	
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KIDS DRINKS MENU	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Kids Orange Juice	X														
Kids Apple Juice	X														
Kids Vanilla Milkshake		X												X	
Kids Chocolate Milkshake		X												X	

CARRIER ITEMS	SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Soft Burger Bun			X						X	X		X			
Sourdough	X								X	X					
White Vegan Hamburger Rolls	X								X	X					
Seeded Wholewheat Brown Bread	X								X	X			X		
Rye	X								X	X					
Bagel	X								X	X					
Potato Rosti		X											X	X	

COFFEE		SUITABLE FOR				CONTAINS THESE ALLERGENS										
Product		Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow’s Milk	Goat’s Milk
Espresso		X														
Macchiato			X												X	
Cortado			X												X	
Flat White			X												X	
¾ Flat White			X												X	
Americano		X														
Cappuccino			X												X	
Latte			X												X	
Vanilla & Cinnamon Cappuccino			X												X	
Honey & Nut Latte			X		X	X									X	
Mocha (Dark/White)			X											X	X	
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Product	Vegan	Vegetarian with milk	Vegetarian with egg	Vegetarian with honey	Tree Nuts	Peanuts	Fish	Shellfish	Wheat	Gluten	Sulphur Dioxide	Eggs	Soya	Cow's Milk	Goat's Milk
Dirty Chai Latte		X												X	
Macadamia Nougat Latte		X			X									X	